

Foundations of Kinesiology 1311 -020
Spring 2016

General Information

Instructor: Dr. Jordan Daniel (Jordan.daniel@angelo.edu)
Class: KIN 1311
Time: TTH 9:30-10:45
Place: CARR 112
Off Ph: 325-942-2173 ext 5465
Office: CHP 110
Office Hours: MWF 10am-1pm and by appointment

Note:

My office hours are as posted but I may not be in my office when you come by as I serve of University committees or may be in a different building. I encourage students to make an appointment to meet so that I can make sure I am in my office.

Required Text

Siedentop, D., & Van der Mars, H. (2011). *Introduction to physical education, fitness, and sport*. 8th Edition. New York: McGraw-Hill.
ISBN# 978-0-07337651-6

Course Description

Survey of the historical and philosophical foundations, scope objectives, and future of Kinesiology related careers. In addition, the scientific foundations, programs, professional considerations, and leadership requirements for employment within this profession will be emphasized.

Course Objectives/Student Learning Outcomes

Students will demonstrate appropriate competency related to the following:

- the historical, philosophical, scientific and pedagogical content of kinesiology
- terminology, fundamental principles, programs/professions, and current issues in kinesiology
- professional requirements of and opportunities available to kinesiology majors
- our profession's role in supporting physical activity and healthy lifestyles

Attendance & Participation

Students are expected to attend and participate in all scheduled class meetings. Chronic failure to attend and participate in class discussion will affect your final grade in this class.

You are expected to attend each class and to be on time for the beginning of class.

Students are responsible for anything that happens in class during their absence. *Notify the instructor at least one week in advance* if you have a scheduling conflict that will cause you to miss class. You are responsible for asking the instructor about your attendance record so that you do not go over the allowed absences and tardies (2 tardies = 1 absence).

4 absences= minus a letter grade.

5 absences= minus another letter grade.
6 absences= minus another letter grade.
7 absences will result in failing the course outright.

- ✓ Officially sanctioned college activities (athletics and competing academic duties) may be considered permissible absences if the student shows official documentation to the instructor *a class period in advance of the absence*.
- ✓ Observance of a religious holy day may be considered permissible absences pending verification.

Student Responsibilities

- A. All assignments are due at the beginning of the class on the due date. Students not turning in an assignment will be recorded as a grade of zero (0).
- B. Prior arrangements must be made with the instructor if an absence from an exam is unavoidable and is university excused.
- C. **The student is responsible for all work and is encouraged to have a contact within the class.** Students are encouraged to set up an appointment to meet with the instructor for additional information as needed. **IF YOU WISH TO CONTEST A GRADE ON A TEST OR ASSIGNMENT: THERE IS A 24 HOUR WAITING PERIOD BEFORE I WILL DISCUSS THE ISSUE. THE PROTOCOL IS: YOU WILL SEND A PROFESSIONAL EMAIL THAT REQUESTS A MEETING TO DISCUSS THE ISSUE; WE WILL SET UP A MEETING; THE ISSUE WILL BE DISCUSSED; A RESOLUTION WILL BE MADE.**
- D. Upon entering class room turn all cell phones and other handheld electronic devices off to prevent distractions affecting other student's learning opportunities. If you need to take notes with a laptop, be expected to show the notes you have taken. If you cannot produce the notes you will be marked as absent.
- E. Students with Disabilities:
Persons with disabilities which may warrant academic accommodations must contact the Student Life Office, Room 112 University Center, in order to request such accommodations prior to any accommodations being implemented. You are encouraged to make this request early in the semester so that appropriate arrangements can be made. Students with disabilities who request reasonable accommodations must meet with the Course Coordinator within the first week of classes. Reasonable accommodations will be provided as authorized by the Office of Student Life as long as course requirements are not compromised. Faculty will provide no accommodations without authorization from the Office of Student Life. It is the student's responsibility to be a self-advocate when requesting accommodations.
- F. The Angelo State University Honor Code:
"Angelo State University expects its students to maintain complete honesty and integrity in their academic pursuits. Students are responsible for understanding the Academic Honor Code, which is contained in both print and web versions of the Student Handbook."

Rules that Guide Class Discussion:

To create an environment that fosters open examination of ideas, we must be well-prepared for class, express ourselves effectively, respect and listen to everyone's ideas, challenge each other to think critically, and correct mistakes or misunderstandings in a positive and encouraging manner. With that in mind, here are some guidelines for class discussion:

1. *No question or opinion is "stupid."* We must start where we are at, and undoubtedly each person in this room is at a different point in their understandings and experience.
2. *We will listen to each other with respect.* The proper response to comments you do not understand or agree with is to ask the speaker to explain and to probe for deeper understanding.
3. *We not only accept, we encourage diverse viewpoints and opinions.* Critical thinking comes from examining many different dimensions of any topic. Students are encouraged to raise points and examine positions that they do not agree with, in attempt to foster a tradition of critical thinking.
4. *There is no room for anger when discussing academic ideas and issues.* When you feel an emotional response to an issue, step back and examine the values or beliefs inside you that were validated or threatened by someone else's comment. Use those points of emotion as a window to better understand the cultural factors that are embedded deep within yourself.

**This syllabus is not intended to be all inclusive and may be changed as circumstances dictate.

What you put into this class is what you get out of it. If you decide to put in the minimal effort you will get the minimal benefits. Coming to every class does not warrant participation. Things that will assist you in participation: speaking when asked a question; lively discussion in group discussions; and an overall willingness to go above and beyond. The participation grade is under the sole discretion of the instructor.

Evaluation

Assignment	Points
Exams (3 tests @ 200 points a piece)	600
Class Participation*	100
Event Attendance	100
<u>Current Event Reaction Papers (2 papers)</u>	<u>200</u>
Total Points	1000

*instructor discretion

Grades will be based on the following distribution:

A	1000-900
B	899-800
C	799-700
D	699-600
F	599 or below

Exams

Exams are worth 60% of your grade. If it is in the slides, articles, book and/or lectures you can expect to be on the test. The more we discuss and idea is positively correlated with the probability that it will be on the test. On review days do not ask what is going to be on the test.

Class Participation

See Attendance & Participation

Event Attendance

You are required to attend 5 events in the Spring 2016. These are worth 10% of your grade.

2 Mandatory Event

1. TBA
2. KINESIOLOGY End of Year Event

3 other University sponsored events.

Documentation will be discussed in class.

Current Events Reaction Paper

These are worth 20% of your grade. These 2 papers should be in APA 6th edition format. Paper length is 400 word minimum, 500 word maximum. You will go find a current event (January 2015 – current) that is relevant to the class. You will summarize the story in a paragraph. **The word count is for your reactions to the event.** Your summarization does not count towards the word count. You will have a cover page that must have: (in this order) your name, the class and the instructor's. The second page will have the APA citation for the story with a summarization of the event beneath it. The reaction portion begins on the third page. Papers will be picked up at the beginning of the class period. No late work will be accepted. This will be discussed more in class.

TENTATIVE COURSE OUTLINE

WEEK	DATE	TOPIC	READING
1	Jan 19	Introduction, Syllabus	Syllabus
	21	Reintroductions Form Teams; Discuss How to Write Reaction Papers	Schwartz (2008). The importance of stupidity in scientific research. Journal of Cell Science. 121.
2	26	The Dilemma of Our Times	Chapter 1
	28	The Evolution of Physical Activity	Chapter 2
3	Feb 2	Developing Infrastructure	Chapter 3
	4	Continued	Chapter 3
4	9	Basic Concepts of Physical Education	Chapter 4 &5
	11	Programs & Professions Problems & Issues in Phys Ed	Chapter 5&6
5	16	Review for exam 1	1st Reaction Paper Due
	18	Exam 1	
6	23	Basic Concepts in Fitness	Chapter 7
	25	Fitness Programs & Professions	Chapter 8
7	March 1	Problems & Issues in Fitness	Chapter 9
	3	Basic Concepts in Sport	Chapter 10
8	8	Sport Programs & Professions	Chapter 11
	10	Continued	Chapter 11
		Spring Break March 14 th -18 th	
9	22	Problems & Issues in Sport	Chapter 12
	24	Continued	Chapter 12
10	29	Ethics	Chapter 12
	31	Review for EXAM 2	2nd Reaction Paper Due
11	April 5	Exam 2	

	7	The Sub-disciplines: Ex Phys & Kinesiology and Biomechanics	Chapter 13
12	12	The Sub-disciplines: Motor Behavior	Chapter 13
	14	The Sub-disciplines: Sport Sociology	Chapter 13
13	19	The Sub-disciplines: Sport Psych	Chapter 13
	21	The Sub-disciplines: Sport Pedagogy & Sport Humanities	Chapter 13
14	26	Review for Final	
	28	Event Check	
15	May 3	Library Day	
	5	No class	
16	10	Finals week	
	12	FINAL EXAM 8-10am	

*I reserve the right to change course content, delivery, and scheduling.